



OLD AGE HOME: A STUDY

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Abstract: *The rising amount of elderly population, while on the other hand the vicissitudes in the socio cultural values of the persons are the main concerns, varying family value system, economic force of the children, neglect and abuse has caused elders to fault complete the net of the family care. Home for the aged are perfect for elderly persons who are unaccompanied, face health issues, depression, aloneness and other phsycollogical issues.*

Keyword: *Elderly person, home, health issues, depression, family relation*

INTRODUCTION

Old age homebased is a multi residence covering facility envisioned for senior citizens . Naturally, each individual or couple in the home have an bed-sitter style room or set of room. Extra amenities like meals, gathering, regeneration actions and healthcare facilities are providing old age homes are places for senior citizen in a confident environment where persons of old aged feel easy to follow their hobbies , share thoughts , socialize with like minded persons and enjoy comparable ventures of interest . It is home to very ill and exceptionally healthy, extremely poor and justly rich, unsatisfactorily old persons to lovable elders. Resides people of every genre, caste, creed, belief, religious community, political belief and so on.

Methodology

The nature of the research will be quantitative. The types of data included in the research will be both primary and secondary. The primary data will be collected through interview method and the secondary data will be collected from sources like articles , journals , internet resources etc. Tools and techniques -Interview Schedule and observation . Sample –old age people residing in the Old age

home The sampling method will be simple random sampling. Sample area – Kartik Chandra Baruah memorial old age home, Mangaldai. Dist.- Daring ,784125. Sample size is 9

DISCUSSION

Duration of Staying in the old age- The residing duration of the respondent in Karthik Ch. Memorial Old Age Home is shown in the following table.

TABLE-1

Duration of stay

DURATION OF STAY	FREQUENCY	PERCENTAGE
1-6 months	1	11%
6-12 months	3	33%
More than a year	3	33%
Several Years	2	22%
TOTAL	9	100%

Source: Field Data

Data indicates that almost 67% of the respondents are residing more than 6-12 months or more than a year. Besides, 22% are residing from several years and 11% are residing since 1-6months, i.e. a very less percentage of the respondents were new comers.

Total Members: The Total number of family members in the respondent's family is shown in the following table.

TABLE-2

Total Members

MEMBERS	FREQUENCY	PERCENTAGE
0	4	44.44%
2	1	0.09%
3	1	0.09%
4	1	0.09%
5	1	0.09%
More than 5	1	0.09%
TOTAL	9	100%

Source: Field Data

Data shows that most of the respondents i.e. 44% of them had 0 family members and the others i.e. 0.09% had family members only 2-5 or more than that.

Total Children: The total number of children in the respondent's family is shown in the following table.

TABLE-3

Total Children

CHILDREN	FREQUENCY	PERCENTAGE
0	7	78%
1	1	11%
2	0	0
3	1	11%
TOTAL	9	100%

Source: Field Data

Data shows that almost 78% of the respondents had no children whereas 11% of them had 1 or 3 children.

Engagement of Work/Business: The total number of respondents who were engaged with work/business and who were not is shown in the following table.

TABLE-4

Engagement of Work/Business

ENGAGEMENT OF WORK/BUSINESS	FREQUENCY	PERCENTAGE
YES	8	89%
NO	1	11%
TOTAL	9	100%

Source: Field Data

Data shows that most of the respondents i.e. 89% of them had their engagement in work or business. And only 11% of them had no engagement as such.

Source of Income: The source of income of the respondents before residing in the Old Age Home is shown in the following table.

TABLE-5

Source of Income

SOURCE OF INCOME	FREQUENCY	PERCENTAGE
Job	3	33%
Business	1	11%
Labour	4	44%
Housewife	1	11%
TOTAL	9	100%

Source: Field Study

Data shows that almost 44.44% of the respondents were labours whereas 33% of them had their own job others that is 11% of them were engaged in business and the other 11% was housewife.

Number of Respondents Having Own House: The number of respondents having their own house or not is shown in the following table.

TABLE-6

Own House

NUMBER OF RESPONDENTS HAVING OWN HOUSE	FREQUENCY	PERCENTAGE
Yes	6	67%
No	3	33%
TOTAL	9	100%

Source: Field Data

Data shows that 67% of the respondents have their own house whereas 33% of them had no house of their own.

Health Issue: The number of respondents having health issues and respondents with no health issues is shown in the following table.

TABLE-7

Health Issue

RESPONDENTS HAVING HEALTH ISSUES	FREQUENCY	PERCENTAGE
Yes	3	33%
No	6	67%
TOTAL	9	100%

Source: Field Data

Data shows that most of the respondents i.e. 67% of them had no health issues whereas 33% of them were facing health problems.

Facilities Provided: The number of respondents satisfied with the facilities provided and respondents which are not satisfied or partially satisfied are shown in the table.

TABLE-8

Facilities Provided

RESPONDENTS SATISFACTORY REMARKS OF FACILITIES PROVIDED	FREQUENCY	PERCENTAGE
Satisfied	8	89%
Partially Satisfied	1	11%
Not Satisfied	0	0
TOTAL	9	100%

Source: Field Data

Data shows that almost 89% of the respondents were satisfied with the facilities provided by the old age home whereas only 11% of them were partially satisfied.

Psychological Issue: The number of respondents who are facing psychological issue or not in the old age home is shown in the following table.

TABLE-9

Psychological Issue

RESPONDENTS FACING PSYCHOLOGICAL ISSUE	FREQUENCY	PERCENTAGE
Yes	2	22%
No	6	67%
Sometimes	1	11%
TOTAL	9	100%

Source: Field Data

Data shows that almost 67% of the respondents were in no way facing psychological issue while there stay at the old age home whereas 22% of them were facing psychological problems and only 11% of them was occasionally facing such problem.

Visits by Family Members: Respondents' visit of family members visits are shown in the following table.

TABLE-10

Visits by Family Members

VISITS BY FAMILY MEMBERS	FREQUENCY	PERCENTAGE
Quite Often	1	11%
Never	7	78%
Rarely	1	11%
TOTAL	9	100%

Source: Field Data

Data shows that 78% of the respondents had no visits from their family members as some of them did not even have any family members whereas 11% had family visits quite often or rarely.

Reason Behind Shifting: Respondents' reason behind shifting in the old age home is shown in the following table.

TABLE-11

Reason Behind Shifting

REASON BEHIND SHIFTING	FREQUENCY	PERCENTAGE
No one to look after you	6	67%
Lack of companionship	2	22%
Family Disfunction/Family Conflicts	1	11%
TOTAL	9	100%

Source: Field Data

Data shows that 67% of the respondents has no one to look after them which why they are residing at the old age home whereas 22% of the are in lack of companionship and only 11% of them were here due to family disfunction or family conflicts.

Ambience: The number of respondents whether happy or not with the ambience and with the other members of the old age home is shown in the following table.

TABLE-12

Ambience of the Old Age Home

HAPPINESS REMARKS OF AMBIENCE OF THE OLD AGE HOME	FREQUENCY	PERCENTAGE
Yes	9	100%
No	0	0
TOTAL	9	100%

Source: Field Data

Data shows that all the respondents are happy with the ambience and with the other members of the old age home.

Medical Help: The respondents, when need of medical help, if provided or not by the old age home is shown in the following table

TABLE-13

Medical Facilities

PROVISION OF MEDICAL FACILITIES	FREQUENCY	PERCENTAGE
Yes	9	100%
No	0	0
TOTAL	9	100%

Source: Field Data

Data shows that all the respondents get medical help whenever in need.

Will: The respondents if they were forced to come to the old age home or it was by their own will is shown in the following table.

TABLE-14

Will

WILL	FREQUENCY	PERCENTAGE
I came on my own will.	6	67%
I was forced to be here.	3	33%
TOTAL	9	100%

Source: Field Data

Data shows that most of the respondents i.e. 67% of the them came to the old age home by their own will and only 33% of them were forced to come to the old age home for their stay.

RESPONDENTS, IF THEY MISS HOME: The respondents if they miss home or if they are happy at the old age home is shown in the following table.

TABLE-15

Respondents, if they miss home

RESPONDENTS, IF THEY MISS HOME	FREQUENCY	PERCENTAGE
Yes	5	56%
No	4	44%
TOTAL	9	100%

Source: Field Data

Data shows that almost 56% of the respondents miss their home but 44% of them do not.

Will Regarding Stay: The respondents, if they get a chance, wish to shift back to their home or if they wish staying at the old age home is shown here in the following table.

TABLE-16

Will regarding stay

WILL REGARDING STAY	FREQUENCY	PERCENTAGE
I would like to go back to my house.	2	22%
I would like to be here.	7	78%
TOTAL	9	100%

Source: Field Data

Data shows that almost 78% of the respondents prefers staying at the old age home and only 22% of them would like to go back to their house.

Relation: The respondents' relation with the other members of the old age home is shown in the following table.

TABLE-17

Relation

RELATION WITH OTHER MEMBERS	FREQUENCY	PERCENTAGE
Good	9	100%
Bad	0	0
So-So	0	0
TOTAL	9	100%

Source: Field Data

Data shows that all the respondents are having good relation with all the other members of the old age home.

Service Workers: If the service workers are friendly towards the respondents are shown in the following table.

TABLE-18

Service Workers

FRIENDLINESS OF SERVICE WORKERS	FREQUENCY	PERCENTAGE
Yes	9	100%
No	0	0
TOTAL	9	100%

Source: Field Data

Data shows that all the service workers are friendly towards the respondents.

Food Provided: The number of respondents if satisfied with the food provided are shown in the table.

TABLE-19

Food Provided

SATISFACTORY REMARKS OF FOOD PROVIDED	FREQUENCY	PERCENTAGE
Yes	9	100%
No	0	0
TOTAL	9	100%

Source: Field Data

Data shows that 100% of the respondent are satisfied with the food provided in the old age home.

Recommendation: If anyone would volunteer coming to the old age home and reside, the respondent's recommendation is shown in the following table.

TABLE-20

Recommendation

RECOMMENDATION	FREQUENCY	PERCENTAGE
Yes	6	67%
No	0	0
Their Wish	3	33%
TOTAL	9	100%

Source: Field Data

Data shows that most of the respondents would recommend if anyone volunteer coming to the old age home and reside. While others preferred its their wish if they want to come.

Financial Support: The respondents answers on their family members or children's support to fulfil their basic needs is shown in the following table.

TABLE-21

Financial Support

FINANCIAL SUPPORT	FREQUENCY	PERCENTAGE
Yes	0	100%
No	9	0
Sometimes	0	0
TOTAL	9	100%

Source: Field Data

Data shows that almost no respondent gets any kind of financial support from their family members or children for the fulfilment of their basic needs.

Socio-economic background of respondents: The socio-economic background of the respondents is measured in terms of their educational background, family size, family income etc. The socio-economic background of the respondents helps us in understanding about what made them come to the old age home. Some of them even had their own home.

Duration of the Respondents stay at Karthik Ch. Old Age Home: According to the data found, most of the respondents were staying at the old age home since months or years. Only some of them were new comers. Out of 9 respondents, 3 of them were staying for more than a year, 3 of them were staying from 6-12 months, 2 from several years and only one of them was staying there from several years.

Respondents' Work: According to the research, most of the respondents were self-dependent, they were engaged in works like job, labour, business etc.

Engagement in Work/Business: Out of 9 respondents, 8 were engaged in working/doing business and only one of them were housewife.

Health Issues: Out of 9 respondents, 3 of them were facing health issue, while 6 of them were not. Therefore, it can be said that the health conditions of the respondents were pretty good.

Psychological Issue: Out of 9 respondents, 2 were facing psychological issue, while 6 of them were not and 1 of them was sometimes facing psychological issues. The probable reasons of the respondents having psychological problem may be because some of them missed their home, 5 out of 9 respondents missed their home and 2 of them even wished shifting back home. Some of the respondents were also forced to come to the old age home. Therefore, the psychological conditions of the respondents were yet to be improved.

Satisfactory Remarks of Amenities Provided: By the research, out of 9 respondents, 8 of them were satisfied with all the amenities provided, while only 1 of them was partially satisfied. They got medical treatment, the food that the old age home provided etc.

Environment of the Old Age Home:The environment of the old age home was quite friendly as the respondents had good relations with each other. Every respondent was happy with the fellow respondents, they were all living in harmony.

Social Relationship of the Respondents:All the 9 respondents were having good relationship with each other. Therefore, the social relationship of the respondents was found out to be extremely well.

Recommendation:Most of the respondents i.e. 8 of the 9 respondents, recommended that if anyone would volunteer coming to the old age home they would definitely recommend it.

Reason for their stay at Old Age home:6 out of the 9 respondents said that they came to the old age home because there was no one to look after them while 1 of the respondents came here because of family disfunctions and 2 of them were lacking companionship. 3 out of 9 respondents were forced to come to the old age home while 6 came on their own will.

Family Relations:7 out of 9 respondents had no children but 1 of them had 3 children and 1 of them had 1 child. 1 of the respondents had rarely visits from their family members and 1 of them had visits quite often but most of them i.e. 7 out of 9 respondents had no visits. The respondents said that they had 0 financial support from their family members because 4 out of 9 had almost no family members while some of them had either 3 or 4 family members and only 2 of them had 5 or more family members at their home. Therefore the family relations can be said almost nil.

CONCLUSION

The conclusion for alive in an old age home is that it is a good choice, but for a happy home, one should always prefer to live with their family until their last breath. Alive in an old age home can come with numerous assistances such as they can do steady actions, enjoy their last stage with friends, doctors can take care of them, and live a secure life with assistance from harbors and assistants. However, old age homes also have many disadvantages such as restricted meals, expensive medical bills, impersonal atmosphere, and aloneness. However, it is always taught that children should understand the value of parents in their life and send them to old age homes only when there is no option left for them. They are the motive for our contentment and achievement.

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